

A D A M L . S A E N Z

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RESTORING HOPE AND WELL-BEING
TO CHANGE LIVES



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*The Different Drum:
Community Making and Peace*

by M. Scott Peck, M.D.



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- “Human beings have within them a natural yearning and thrust toward health and wholeness and holiness. (All three words are derived from the same root.) Most of the time, however, this thrust, this energy, is enchained by fear and neutralized by defenses and resistances. But put a human being in a truly safe place, where these defenses and resistances are no longer necessary, and the thrust toward health is liberated. When we are safe, there is a natural tendency for us to heal and [change] ourselves...



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The Stages of Community

- ❑ Pseudo-community
- ❑ Chaos
- ❑ Emptiness
- ❑ Community



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Stage 1: Pseudo-community

- **Pseudo-community:** The members attempt to be an instant community by being extremely pleasant with one another and avoiding all disagreement.



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Stage 2: Chaos

- **Chaos:** The members finally acknowledge differences, but spend vast amounts of time and energy trying to obliterate them. If the group fails here, it regresses to pseudo-community.



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Stage 3: Emptiness

- **Emptiness:** The members empty themselves of barriers to communication (expectations, preconceptions, prejudices, ideology, theology, solutions, the need to heal, convert, fix, control, etc.). If the group fails here, it regresses to pseudo-community.



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Stage 4: Community

- Community: The members have passed through the death of emptiness and emerge into collective peace.



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